

Six Tips for Curing Submissive Urination

1. Schedule an appointment with your veterinarian. Make sure that the excessive urination is not the cause of an illness such as a urinary tract infection.
2. Ignore the behavior! This is the single most important piece of advice. As long as the behavior is ignored, it will begin to extinguish.
3. Make sure your dog's bladder is empty when meeting new people or introducing your dog to a new environment or situation.
4. When you return home from any absence, ignore the dog initially and then put the dog outside to eliminate. Now it is safe to greet your dog. If you were to greet your dog immediately upon arrival, your dog would empty his bladder on the floor. All family members should practice this protocol until the submissive urination has subsided.
5. Remember to never scold your dog for submissively urinating. It is happening because your dog is "submitting" to you, so if you yell at your dog, it will cause the dog to "submit" even further and therefore, will result in increased urination.
6. Stand upright when interacting with your dog. Any behavior that is seen as intimidating by the dog can cause your dog to submissively urinate further. Remind visitors not to lean over your dog as well.